

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and City): Face to Face, St. Paul

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Goal: To support, encourage, and assist young women in carrying their pregnancies to term and in caring for their babies after birth.

For the period/quarter: October – December 2017

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide ongoing supervision and guidance of grant staff. Ensure reporting and evaluation activities are completed.		Prenatal case managers, nursing staff, and nurse practitioners meet on a weekly basis to discuss continuity of care and best practices for prenatal clients. Case consultations occur for clients as needed. Grant budget meetings occur regularly. The Clinic Operations Manager meets with the case management team weekly to discuss progress toward goals and data management.	
Outreach	Prepare and distribute wallet-sized cards describing Connect program.		Women who have positive pregnancy tests at Face to Face are given information about prenatal care and the Connect prenatal case management program. Anyone with a positive pregnancy test is contacted by a case manager on the Connect team and encouraged to seek prenatal care. Connect cards are also distributed in the community through our Health Education Department at outreach events.	
Car Seat Program	Provide Car Seat Safety Education and car seat.	10	An overview of car seat safety was shared and clients were referred to the United Health car safety class. For clients who complete the class they received a car seat from their insurance or from Face to Face.	16

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			The Face to Face OB nurse is registered for car seat certification renewal training in May so we can conduct the education on site.	
Case Management Services	<p>Provide support to young women throughout pregnancy (in one-on-one and Centering Pregnancy® group encounters) and for up to one year after the birth of their baby.</p> <p>Provide assessment, referral and help securing Necessary Services.</p> <p>Provide home visits for clients who have missed prenatal care visits.</p>	450	<p>Connect case managers conducted 675 case management visits with prenatal and postpartum patients (up to 1 year postpartum).</p> <p>We now have three Connect case managers and are conducting interviews for the fourth position.</p>	675
Crib Distribution/ Sleep Safety Education	Provide Sleep Safety education and coordinate with Cradle of Hope to distribute a crib to client.	25	Case managers provided individual sleep safety education in our clinic and during home visits. Case managers also review a brochure on sleep safety when distributing pack-and-play bassinets. We continue to work with Cradle of Hope to distribute cribs to clients.	8
Financial Assistance	Provide assistance in completing applications for financial assistance: includes public health insurance programs, MFIP, emergency assistance, energy assistance, WIC and	75	This quarter, 98 clients received financial assistance, including insurance, MFIP, Childcare, emergency assistance, SNAP, and WIC. Clients also received assistance from Face to Face in the form of diapers, wipes, or food assistance (noted as separate goals in the work plan).	98

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	other food support, and material support from other agencies (cribs, diapers, etc.).			
Housing Assistance	Provide emergency rent assistance to expectant or new mothers to avoid becoming homeless or to gain housing.	9	Two clients received emergency rent assistance this quarter. This was an important resource for a client experiencing domestic violence and a client with a gap during a job transition. Both have maintained their housing.	2
Material Support	Provide baby diapers, maternity and baby clothes to pregnant and parenting women.	48	With community support, we were able to provide resources to pregnant and parenting women. We also matched 30 families with community members through our Holiday Gift Program to provide for the needs of parenting youth and their children.	49
Mental Health	Pre-natal and post-partum depression screening included in assessment. Case managers facilitate referrals to non-PA funded MH providers as needed.	60	52 women were screened for depression and referrals were made to our on-site mental health providers.	52
Nutrition	Provide information on proper nutrition to each new client, including a written handout, as part of the group intake to prenatal care. Referrals and follow up are provided both in group intake and one on one visits.	45	We completed nutrition education with 35 new mothers this quarter.	35

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	Provide food bags, baby formula, and food gift cards.	75	Assistance in the form of food bags, food cards, and formula were provided 53 times this quarter.	53
Parenting Education	Provide two (2) parenting events per year including education on parenting-related topics.	25	We held a holiday party for our Connect clients to engage in family activities together, connect with other young parents, demonstrate how to create low cost and fun family activities (e.g., toy making, creating ornaments, playing games, etc.), and provide supplies (e.g., dental hygiene kits for children, hats and mittens, hygiene supplies, etc.). Twenty-one clients attended with their children and other family members.	76
Pregnancy Education	<p>Provide CenteringPregnancy prenatal care (60 visits per quarter) integrating medical care with pregnancy education and support; 6 groups starting per year / 10 sessions per group with 6 participants per group.</p> <p>CenteringPregnancy includes education and discussion on:</p> <ul style="list-style-type: none"> • Management of discomforts of pregnancy • Relaxation/stress management • Labor and delivery • Families and relationships • Newborn care 	60	<p>The Case Manager who was our certified Centering Pregnancy group leader left the staff and we did not conduct group sessions.</p> <p>During this time period, Case Managers met one-on-one with women to provide education in collaboration with our medical team.</p> <p>The Connect case managers and OB nurse have drafted a prenatal curriculum to pilot this winter. The goal is to increase access and participation to group education on topics such as nutrition, health, breastfeeding, labor and delivery, newborn care, safety, etc.</p>	0

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Pregnancy Testing	Provide pregnancy testing at SafeZone, a resource center for youth experiencing homelessness, to provide assessment of program eligibility and help youth who gain medical care if needed. All youth who test positive for pregnancy will be evaluated for necessary services and linked to prenatal care at the Arcade clinic or another clinic of the young person's choice.	15	The Nurse Practitioner at our walk-in SafeZone clinic in downtown Saint Paul conducted 22 pregnancy tests. All clients receiving positive UPT tests at SafeZone were contacted by a Connect case manager and referred for prenatal care at the Arcade clinic or other clinic.	19 Clients/ 22 Tests
Prenatal Medical Care	Provide CenteringPregnancy prenatal care (60 visits per quarter) integrating medical care with pregnancy education and support; 6 groups starting per year / 10 sessions per group with 6 participants per group.	60	The Case Manager who was our certified Centering Pregnancy group leader left the staff and we did not conduct group sessions.	0
	Provide individual prenatal care visits (240 per quarter) for OB History visit, initial OB visit, and at other times -- for young women who opt out of CenteringPregnancy.	240	The Connect case managers and OB nurse have drafted a prenatal curriculum to pilot this winter. The goal is to increase access and participation to group education on topics such as nutrition, health, breastfeeding, labor and delivery, newborn care, safety, etc. We exceed our goal for prenatal care visits.	292

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Provide Necessary Services to all Clients	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals.	45	We provided intake assessments for 35 new OB clients this quarter.	35
Provide Necessary Services Assessments Only	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals.	1	No clients completed an intake assessment only.	0
Transportation	Provide taxi rides or bus fare for clients to get to appointments.	40	We provided transportation assistance to 55 clients in the form of cab fare and bus tokens. When applicable, we also inform women of how to utilize transportation assistance through their health insurance.	55

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	16
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	NA
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	NA
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	NA
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	8
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	NA

Challenges: We had a large number of contacts with our prenatal patients/clients the clinic during November and December. Managing medical and case management appointments was challenging, but successful.

Comments: We continue to promote breastfeeding and see more and more women choosing to breastfeed as we educate and remove barriers to breastfeeding. On our busiest clinic days, we have expanded our waiting area to another room. We show a video on breastfeeding and provide a snack, coloring supplies, and other relaxing activities. This has reduced anxiety when there are longer waits to see providers and case managers